



Hong Kong Society for Hand Therapy
HKSHT 20th Anniversary Symposium
cum 11th APFSHT Pre-Congress Scientific Meeting

ADVANCING PRACTICE

through Legacy, Innovation, and Collaboration in Hand Therapy



- Programmes are basically conducted in English & Mandarin.
- Programmes and contents of the symposium and workshops are subject to change.

DAY 1 | SATURDAY, 27 FEBRUARY 2027

DETAILED PROGRAMME

TIME	MAIN SYMPOSIUM HALL	SPEAKER
08:15	Registration	
08:45-08:50	Opening Speech	Mr. Jerry FONG (Hong Kong 香港)
08:50-10:05	Advance in Hand Therapy I Moderators: Ms. Melva YIP Ms. Jenna NG	
08:50-09:05	Evolution of the Management of Thumb Carpometacarpal Joint Osteoarthritis	Dr. Edmund YAU (Hong Kong 香港)
09:05-09:20	Biomechanical Influence of Deficient FDS on Motion of Fingers Following Hand Injuries.	Mr. Shrikant CHINCHALKAR (Canada 加拿大)
09:20-09:35	Updates on Nerve Injuries Management (TBC)	Prof. Josephine IP (Hong Kong 香港)
09:35-09:50	The Story of the Development of Hand Splinting in Hong Kong	Mr. Simon WONG (Hong Kong 香港)
09:50-10:05	Exercise Interventions for Adult Trigger Fingers	Dr. Kenneth CHUNG (Hong Kong 香港)
10:05-10:20	Plenary Lecture: Reminiscence on Hand Surgery and Rehabilitation in Hong Kong	Prof. Ping-chung LEUNG (Hong Kong 香港)
10:20-10:50	Q&A, Souvenirs Presentation, Group Photo, Refreshment Break / Opening Ceremony	
11:00-12:30	Wrist and TFCC Related Management Moderators: Mr. Karl NG Ms. Mavis LEE	
11:00-11:15	Advanced Management of Scaphoid Non-Union and Scapholunate (SL) Instability (TBC)	Dr. Pak-cheong HO (Hong Kong 香港)
11:15-11:30	拇指狭窄性腱鞘炎临床分型的发现和精准性治疗策略	陈少贞 女士 (China 广东)
11:30-11:45	Management of Chronic Distal Radio-Ulnar Joint (DRUJ) Instability	Dr. Wing-lim TSE (Hong Kong 香港)
11:45-12:00	TFCC Rehabilitation: Current Practice and Future Directions	Ms. Casie CHAN (Hong Kong 香港)
12:00-12:15	TFCC损伤术后的康复治疗	陳威 先生 (China 江苏)
12:30-13:45	Lunch & Exhibition	
13:45-14:00	HKSHT AGM	
14:00-15:15	Asia-Pacific Perspectives and Practice Models (I) Moderators: Mr. Charles LAM Mr. Kelvin LIU	
14:00-14:15	Development of Hand Therapy in China: Past, Present and Future	Prof. Cecilia LI-TSANG (Hong Kong 香港)
14:15-14:30	中国内地手治疗的现状与发展	李奎成 教授 (China 山东)
14:30-14:45	From Foundations to Professionalisation: The Development of Hand Therapy in Taiwan	Mr. Kent CHANG (Taiwan 台湾)
14:45-15:00	Developing a Hand Therapy Organization in Russia	Dr. Anna OVSYANNIKOVA (Russia 俄罗斯)
15:00-15:15	Q&A, Souvenirs Presentation, Poster Award Presentation, Group Photo / Refreshment Break	
15:15-16:15	Asia-Pacific Perspectives and Practice Models (II) Moderators: Ms. Anita NGAN Dr. Shelley CHOW	
15:15-15:30	From Clinical Practice to Professional Growth: The Development of Hand Therapy in Singapore (TBC) (Pre-recorded)	Ms. Kris TONG (Singapore 新加坡)
15:30-15:45	Assessment of Hand Performance in Hand Therapy	Prof. Seiji NISHIMURA (Japan 日本)
15:45-16:00	Turning Vision into Impact: Leadership and Management for Advancing Practice in Hand Therapy	Mr. Raymond CHING (Hong Kong 香港)
16:00-16:15	Hand Rehabilitation in Korea: A First Look from the Field	Mr. Noh Ho-Kyun (Korea 韩国)
16:15-17:15	Paediatric Hand Conditions Moderators: Ms. Eva MA Mr. Samuel CHONG	
16:15-16:30	Surgical Management of Extra Thumb	Dr. Michael MAK (Hong Kong 香港)
16:30-16:45	Scar Management in Paediatric Hands	Prof. Cecilia LI-TSANG (Hong Kong 香港)
16:45-17:00	Splinting for Congenital Hand in Babyhood	Ms. Alice CHEUNG (Hong Kong 香港)
17:00-17:15	Same Fall, Different Injury— Why Children Fracture Differently from Adults	Ms. Sarah CHAN (Hong Kong 香港)
17:15-17:25	Q&A, Souvenirs Presentation, Group Photo	
17:30	Closing Remarks of Day 1	
17:30-18:30	APFSHT Council Meeting	

CONCURRENT SESSION ROOM
Workshop: Application of Fesica Grasp in Hand Therapy Sponsored by GSBE Company Ltd. Time: 08:50 - 10:05 (75 mins)
Workshop: Spider Splint Demo Speaker: Mr. Kent CHANG (Taiwan 台湾) Moderator: Ms. Joanie CHAN Time: 11:00 - 12:30 (90 mins)
Workshop: Application of Fesica Grasp in Hand Therapy Sponsored by GSBE Company Ltd. Time: 14:00 - 15:15 (75 mins)
Workshop: PIPJ Anatomy and Its Biomechanics Speaker: Mr. Shrikant CHINCHALKAR (Canada 加拿大) Moderator: Ms. Wing-yan CHAN Time: 15:30 - 17:00 (90 mins)

Co-organizers:



Supporting Organizations:



27-28 FEBRUARY 2027
The Hong Kong Polytechnic University (TBC)

DAY 1



Hong Kong Society for Hand Therapy

HKSHT 20th Anniversary Symposium

cum 11th APFSHT Pre-Congress Scientific Meeting



ADVANCING PRACTICE

through Legacy, Innovation, and Collaboration in Hand Therapy

- Programmes are basically conducted in English & Mandarin.
- Programmes and contents of the symposium and workshops are subject to change.

DAY 2 | SUNDAY, 28 FEBRUARY 2027

DETAILED PROGRAMME

TIME	MAIN SYMPOSIUM HALL	SPEAKER
08:15	Registration	
08:45-09:45	Technology and Innovation in Hand Therapy Moderators: Ms. Sarah CHAN Ms. Joanie CHAN	
08:45-09:00	从笔迹到数字生物标志物：智能书写装置在帕金森病手功能评估中的应用	陆佳妮 博士 (China 上海)
09:00-09:15	掌指关节僵硬的矫形器方案	丘开亿 先生 (China 广东)
09:15-09:30	Hands on the Plate: Objective Shoulder Testing in Upper Limb Rehabilitation	Dr. Alexander CHAN (Hong Kong 香港)
09:30-09:45	Advancing Technologies and Transforming Models of Care in Hand Therapy	Ms. Miko LAM (Hong Kong 香港)
09:45-10:00	Q&A, Souvenirs Presentation, Group Photo, Refreshment Break	
10:00-11:15	Advance in Hand Therapy II Moderators: Ms. Wing-yan CHAN Ms. Jess LAM	
10:00-10:15	Advancing Finger Joint Arthroscopy in Modern Hand Surgery	Dr. Esther CHOW (Hong Kong 香港)
10:15-10:30	镜像疗法与皮质重塑在手外伤后正中神经损伤中的应用新视角	刘岩 先生 (China 黑龙江)
10:30-10:45	Management of Arthritis of the Hand	Dr. Amanda SLOCUM (Hong Kong 香港)
10:45-11:00	Early Active Movement protocol for combined arthroscopic scaphotriquetral & TFCC repairs	Ms. Rosanne CROSS (Australia 澳大利亚)
11:00-11:15	The Possibilities of Conservative Treatment for Chronic Extensor Tendon Injuries in Zones I-III	Dr. Anna OVSYANNIKOVA (Russia 俄罗斯)
11:15-13:00	Complex condition + Private Practice Moderators: Mr. Anderson TSAI Mr. Jacky CHAN	
11:15-11:30	Legacy and Innovation: Decades of Hand Therapy Practice in Hong Kong	Dr. Shelley CHOW (Hong Kong 香港)
11:30-11:45	Rehabilitation of Bilateral Hand Transplants	Dr. Yogita SHENDGE (India 印度)
11:45-12:00	复杂性手外伤术后康复的临床痛点	王骏 主任 (China 江苏)
12:00-12:15	Application on Relative Motion Splinting	Dr. Chui-siaw CHAI (Malaysia 马来西亚)
12:15-12:30	Finger Stiffness After Upper-Limb Fracture: A Clinical Reasoning Framework for Assessment and Targeted Rehabilitation	Ms. Crystal LAU (Hong Kong 香港)
12:30-12:45	Management of Complications after Tendon Injuries	Dr. Josephine WONG (Hong Kong 香港)
12:45-13:00	Multimodal Physiotherapy Approaches to Complex Upper Limb Trauma	Ms. Wing-yan CHAN (Hong Kong 香港)
13:00-13:15	Q&A, Souvenirs Presentation, Free Paper T&T Award Presentation, Group Photo	
13:20	Closing Remarks of 20th Annual Symposium	

CONCURRENT SESSION ROOM

Tips and Tricks in Hand Therapy / Free Paper Session

Moderator: Mr. Anderson TSAI
Time: 08:45 - 10:15 (90 mins)

Workshop: PIPJ Anatomy and Its Biomechanics

Speaker: Mr. Shrikant CHINCHALKAR (Canada 加拿大)
Moderator: Ms. Sarah CHAN
Time: 11:30 - 13:00 (90 mins)

Co-organizers:



THE HONG KONG
POLYTECHNIC UNIVERSITY
香港理工大学



康復治療科學系
Department of Rehabilitation Sciences

Supporting Organizations:



東華學院
TUNG WAH COLLEGE



香港教育大學
The Education University
of Hong Kong

27-28 FEBRUARY 2027

The Hong Kong Polytechnic University (TBC)

DAY 2