



HKSHT 20th Anniversary Symposium cum

11th APFSHT Pre-Congress Scientific Meeting:

Advancing Practice through Legacy, Innovation, and Collaboration in Hand Therapy

Recommended Accommodations for International Delegates

Dear international delegates,

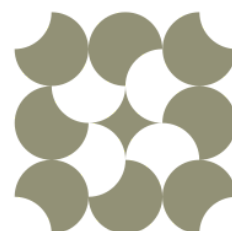
Thank you for your participation for travelling to Hong Kong at our symposium. To make your stay convenient and comfortable, a list of high-quality hotels within **walking distance or a short taxi/MTR ride** from PolyU is suggested. All are located in the Hung Hom / Tsim Sha Tsui East area and offer easy access to the campus (Gate 1 on Cheong Wan Road).

1. Hotel ICON

Address: 17 Science Museum Road, Tsim Sha Tsui East, Kowloon | [Google Maps](#)
| [Tencent Maps](#)

Distance to PolyU: ~8–10 min walk (700 m) or 3 min taxi

- Directly managed by PolyU's School of Hotel and Tourism Management – modern, stylish, and service-oriented.
- Complimentary high-speed Wi-Fi, gym, and rooftop pool with harbour views.
- On-site dining includes the Michelin-recommended **Above & Beyond** (Cantonese) and **The Market** (international buffet).
- **Website:** www.hotel-icon.com



Hotel ICON
唯港薈

2. Harbour Plaza Metropolis

Address: 7 Metropolis Drive, Hung Hom, Kowloon | [Google Maps](#) | [Tencent Maps](#)

Distance to PolyU: ~10–12 min walk (900 m) or 4 min taxi; free shuttle to PolyU/Tsim Sha Tsui (schedule provided on check-in)

- Spacious rooms with harbour or city views; excellent value for extended stays.
- Direct access to **Whampoa MTR Station (Exit A)** – one stop to Hung Hom Station (PolyU).



**HARBOUR PLAZA
METROPOLIS**
KOWLOON • HONG KONG
都會海逸酒店

- Rooftop pool, sauna, and multiple dining outlets.
- **Website:** www.harbour-plaza.com/metropolis

3. Empire Hotel Kowloon

Address: 62 Kimberley Road, Tsim Sha Tsui, Kowloon | [Google Maps](#) | [Tencent Maps](#)

Distance to PolyU: ~15 min by taxi (HK\$40–50) or 10 min via MTR (Tsim Sha Tsui → Hung Hom, 1 stop)

- Central Tsim Sha Tsui location with easy access to shopping, dining, and the Star Ferry.
- Free shuttle to major transport hubs.
- Reliable business-class amenities and 24-hour room service.
- **Website:** www.empirehotel.com.hk/kowloon



Quick Transport Guide

From Hotel	To PolyU Gate 1	Approx. Time	Cost (HK\$)
Hotel ICON	Walk	8–10 min	Free
Harbour Plaza Metropolis	Walk or free shuttle	10–12 min	Free
Empire Hotel Kowloon	Taxi	12–15 min	40–50
Empire Hotel Kowloon	MTR (Tsim Sha Tsui → Hung Hom)	10 min	5–6

Booking Notes

1. **Early reservation is advised** – Hong Kong hotels fill quickly, especially in winter period.
2. All listed hotels accept major credit cards and provide **visa invitation letters** upon request (useful for mainland or overseas travellers).

Should you need further assistance—airport transfers, dietary requests, or local recommendations—please contact our symposium secretariat at handtherapyhk@gmail.com / info@hksht.org

We look forward to welcoming you to Hong Kong and to a productive exchange of ideas in hand therapy!

HKSHT Executive Committee

Disclaimer

The Hong Kong Society for Hand Therapy is not affiliated with, sponsored by, or receiving any discounts or commissions from the hotels listed above. These recommendations are provided solely for the convenience of symposium presenters based on proximity, quality, and accessibility. Rates and availability are subject to change; please contact the hotels directly for the most current information and to make your own reservations.